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| --- | --- | --- | --- | --- | --- | --- |
| Menu | Servings | Meal Price | Section Name | Nutrient | Values | Recommended Minimum Per Meal (%) |
| Optimal combination of foods for one meal costs $5.68 | | | | | | |
| Beefy Melt Burrito | 1.0 | 5.68 | Burritos | Calories | 1310.0 | 163.75 |
| Bean Burrito | 1.0 |  | Veggie Cravings | Protein (g) | 42.0 | 233.33 |
| Cheesy Toasted Breakfast Burrito Potato | 1.0 |  | Breakfast | Total Carbohydrate (g) | 169.0 | 393.02 |
|  |  |  |  | Dietary Fiber (g) | 19.0 | 211.11 |
|  |  |  |  | Total Fat (g) | 52.0 | 167.74 |
|  |  |  |  | Saturated Fat (g) | 19.0 | 237.5 |
|  |  |  |  | Trans Fat (g) | 0.0 | 0.0 |
|  |  |  |  | Cholesterol (mg) | 145.0 | 145.0 |
|  |  |  |  | Sodium (mg) | 3000.0 | 391.64 |
|  |  |  |  | Sugars (g) | 15.0 | 500.0 |
|  |  |  |  | Potassium (mg) | 1160.0 | 102.38 |
|  |  |  |  | Iron (mg) | 11.0 | 550.0 |
|  |  |  |  | Calcium (mg) | 720.0 | 216.22 |